

CPR AND FIRST AID TRAINING FOR EVERYONE

CPR And Safety Training Team

Emergencies involving heart attacks and choking occur at epidemic rates. Quick action can save a life. The more who know what to do, the safer the whole community is. **YOU can learn CPR and First Aid skills.** You *should* learn how, even if you think you are not physically able to perform it. If you know how, you can tell someone.

CASTT is a group of American Heart Association certified instructors keeping prices as low as possible so more can be trained.

The courses are video-driven. If we come to you, we can bring needed equipment, but the room needs to be large enough for students to see the video screen while practicing the skills. Except for Online courses (where no book is needed), a student workbook is available at the time of registration and should be reviewed before taking the class. Workbook will not be mailed. **All certification cards are valid for 2 years except Bloodborne Pathogens which is 1 year.**

All classes require prepaid registration*. Prices include all books and materials.

Family and Friends CPR

A 1½ hour non-certification course. You learn the same skills on the same manikins, but there is no test. Class size is 12 to 30.

\$5.00 per person cash or check to CASTT

Heartsaver CPR and AED

A 3 hour course, with a skills test, covers all the Heartsaver CPR modules and adds AED training. Class size is 12.

\$40.00 per person cash, check or credit card to CASTT – Group discounts

Heartsaver CPR and AED Online

A 3 part alternative to full classroom training. Part 1 covers cognitive learning online. After completing Part 1 and printing the Online Certification of Completion, students meet with a CASTT instructor for 1 hr Part 2 review & Part 3 skills test.

\$45.00 per person cash, check or credit card to CASTT – Group discounts



Basic Life Support for Healthcare Providers

A 4 hour course for healthcare providers such as EMS personnel, physician assistants, doctors, dentists, nurses, and respiratory therapists who need this level of certification. It includes all modules of CPR and AED plus two-rescuer scenarios and use of the bag valve mask. Class size is 4 to 12.

\$60.00 per person cash, check or credit card to CASTT – Group discounts

Basic Life Support for HCP Online

A 3 part alternative to full classroom training. Part 1 covers cognitive learning online for the Healthcare Provider Course including written test. After completing Part 1 and printing the Online Certification of Completion, students meet with a CASTT instructor for a 1 to 1½ hr Part 2 review & Part 3 skills test.

\$60.00 per person cash, check or credit card to CASTT – No discount

Heartsaver First Aid

A 3 hour course with verbal review tests and skills practice for those who might need to respond to a First Aid emergency. Learn how to manage an injury or illness until professional help arrives. Class size is 12 to 30.

\$35.00 per person cash, check or credit card to CASTT – Group discounts

Heartsaver First Aid Online

A 2 part alternative to full classroom training. Part 1 delivers the cognitive learning online. After completing Part 1 and printing the Online Certification of Completion, students meet with a CASTT instructor for 30 min Part 2 practice session.

\$45.00 per person cash, check or credit card to CASTT – No discount.

Heartsaver First Aid/CPR/AED

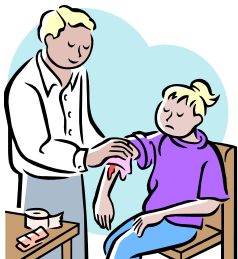
Either complete this course in one 7 hour session or two 4 hour sessions. It combines Heartsaver First Aid with Heartsaver CPR and AED. There are review and skills tests. Class size is 12.

\$70.00 per person cash, check or credit card to CASTT – Group discounts

Heartsaver First Aid/CPR/AED Online

A 3 part alternative to full classroom training. Part 1 delivers the cognitive learning online. After completing Part 1 and printing the Online Certification of Completion, students meet with a CASTT instructor for a 2 hr Part 2 practice session and Part 3 skills test.

\$75.00 per person cash, check or credit card to CASTT – Group discounts



Heartsaver Pediatric First Aid/CPR/AED

Either complete this course in one 7 hour session or two 4 hour sessions. It is mandatory for CA licensed Child Care providers and is useful for anyone who works with children. It includes Heartsaver Pediatric First Aid, all modules of CPR and AED plus a section on Asthma and how to respond to suspected child abuse. Class size is 12.

\$70.00 per person cash, check or credit card to CASTT – Group discounts

Heartsaver Bloodborne Pathogens

This course is designed to meet the general OSHA Standard 1910.1030 for Bloodborne Pathogens training when paired with site specific Bloodborne Pathogens training for employees in non-medical settings with a real potential for occupational exposure.

Course time is 1 hr when combined with another Heartsaver class and 1½ hr as a stand-alone class.

\$10.00 per person – in combination with another Heartsaver class

\$20.00 per person cash, check or credit card to CASTT – stand-alone class

Payments may be made by cash, check or, if over \$ 10.00, credit card.

All prices are subject to change without notice

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