



MAKE YOUR FAMILY SAFER Help Make Your Neighborhood Be Safer



SPECIAL NEIGHBORHOOD CPR CLASS

American Heart Association CPR For Your Whole Family

- ✓ **Section 1: For all adults and children who do not need certification. Includes Family and Friends Student Workbook and participation card. 1½ hr. class**
\$5.00
- ✓ **Audit Option: If any of your family members feel physically unable to do pushes, please bring them with you. They can watch the video, observe and learn for their safety. (RSVP needed)**

You should take CPR training every 2 years to keep your skills fresh. Children old enough to understand the concepts and strong enough to do the compressions are welcome. Accommodations can be made for physical challenges. Seniors willing to try are also most welcome. You are never too old to learn how to help in an emergency.

There needs to be a minimum of 10 students for a class with a maximum of 30 (depending on availability of trainers). The class location needs to be large enough to work with manikins on the floor and watch a video at the same time. If you do not have projection equipment, we can bring it. What locations do you have in or near your neighborhood? A large room in a neighbor's home, a community clubhouse, a room at the local church?

This is a great opportunity for YOU to encourage your neighbor families to take CPR at the same time, at a very low cost, and get to know each other better as well. Talk to your neighbors about a time and place and call (714) 546-4252 to set up a class to make your neighborhood safer.

**CPR
And
Safety
Training
Team**

(714) 546-4252

American Heart Association Training Site
1288 Londonderry St., Costa Mesa, CA 92626

CASTT@castt.net www.castt.net

FAX: 714 540-1288

Training you – at our place or yours – to help others